

Psychoanalysis In Focus Counselling Psychotherapy In Focus Series

\\"Update on Transference-Focused Psychotherapy:...\" [Full Title in Description] - \\"Update on Transference-Focused Psychotherapy:...\" [Full Title in Description] 54 minutes - The Dr. Irville and Helen MacKinnon Grand Rounds Update on Transference-**Focused Psychotherapy**,: An Evidence-Based ...

Working with the Interpersonal Affective Focus (IPAF) in DIT - Working with the Interpersonal Affective Focus (IPAF) in DIT 4 minutes, 3 seconds - What is the Interpersonal Affective **Focus**, (IPAF) and how does it help break the cycle of depression? Dr Catherine ...

What is the Interpersonal Affective Focus (IPAF)?

Mapping mental representations of self and others

The \\"Rejection Cycle\" explained

Why anxiety masks rage and despair

Identifying defenses: Denial and Intellectualization

Processing distressing emotions safely

Reversing the pattern: When we withdraw from others

Gaining insight into unconscious processes

Emotional regulation and empowered decision-making

How TFP Works (Transference-Focused Psychotherapy) | OTTO KERNBERG - How TFP Works (Transference-Focused Psychotherapy) | OTTO KERNBERG 2 minutes, 59 seconds - The full interview w/ Kernberg is now available for tier 2 channel members and at the shop: <https://shop.mndflds.com/products> ...

The Goals of TFP (Transference-Focused Psychotherapy) | OTTO KERNBERG - The Goals of TFP (Transference-Focused Psychotherapy) | OTTO KERNBERG 1 minute, 35 seconds - The full interview w/ Kernberg is now available for tier 2 channel members and at the shop: <https://shop.mndflds.com/products> Otto ...

Transference Focused Psychotherapy \u0026amp; Personality Disorders with Dr. Otto Kernberg - Transference Focused Psychotherapy \u0026amp; Personality Disorders with Dr. Otto Kernberg 1 hour, 29 minutes - 00:47 Fleeing Nazi Austria 05:49 Early Influences 22:55 Borderline Level of Functioning and Primitive Defenses 30:24 Sexual Life ...

The 7 Principles Of Psychoanalytic Psychotherapy - The 7 Principles Of Psychoanalytic Psychotherapy 11 minutes, 6 seconds - Jonathan Shedler, PhD is a clinical professor of psychiatry at the University of California, San Francisco (UCSF), faculty member ...

Intro

Track

Avoidance

Recurring Themes

Relationships

Patterns

Therapeutic Alliance

Transference-Focused Psychotherapy (TFP) - Transference-Focused Psychotherapy (TFP) 2 minutes, 11 seconds - Transference-**Focused Psychotherapy**, (TFP)

Compassion Focused Therapy with Dr Paul Gilbert - Compassion Focused Therapy with Dr Paul Gilbert 10 minutes, 48 seconds - Dr Paul Gilbert shares his immense knowledge of being more compassionate with ourselves and others.

Introduction to Psychodynamic Theory and Therapy (for beginners) - Introduction to Psychodynamic Theory and Therapy (for beginners) 11 minutes, 26 seconds - Psychodynamic theory and **therapy**, is the oldest of the four most prominent and scientifically recognised approaches to ...

Introduction

Terminology

Developmental Perspective

Transference

Unconsciousness

Personoriented perspective

Recognition of complexity

Continuity

Focus on Emotions

Exploring Defenses

Patterns

Past

Relationships

Transference-Focused Psychotherapy, BPD \u0026 Narcissism | Dr. Frank Yeomans \u0026 Dr. David Puder - Transference-Focused Psychotherapy, BPD \u0026 Narcissism | Dr. Frank Yeomans \u0026 Dr. David Puder 1 hour, 56 minutes - 00:00:00 - Introduction: Dr. Frank Yeomans on Transference-**Focused Psychotherapy**, 00:01:52 - What Is Transference and How It ...

Introduction: Dr. Frank Yeomans on Transference-Focused Psychotherapy

What Is Transference and How It Shapes Therapy

Early Clinical Example of Paranoid Transference

Working with Negative Transference: Here and Now Focus

Demonstration: Handling Projection and Negative Transference

Building Reflective Function Through Bids for Reflection

Idealization, Devaluation, and Splitting in Borderline Personality Disorder

Object Relations Theory: Paranoid-Schizoid and Depressive Positions

Identity Diffusion and Emotional Instability

Core Features of Identity Diffusion in Borderline Patients

Emptiness and the Destruction of Subjective Time

Integrating Love and Aggression: Healing Through Realism

Regression into Splitting Under Stress

Responsibility Versus Blame: Critique of Trauma-Only Models

True Definition of Acting Out in Depth Therapy

Adverse Childhood Experiences and Temperament in BPD Development

Trauma Models Versus Transference-Focused Therapy Models

Therapeutic Neutrality: The Importance of Not Being the “Hero”

Managing Erotic Transference and Idealization in Therapy

Omnipotent Control: Managing Boundary Testing in Therapy

Countertransference Challenges with Narcissistic and Avoidant Patients

Recognizing Omnipotent Control in Speech Patterns

Importance of the Therapeutic Frame: Limiting Outside Contact

Differences Between Borderline and Narcissistic Personality Disorders

Protective Function of the Pathological Grandiose Self

How Narcissistic Patients Avoid Pain Through Fantasy

Final Reflections: Becoming Certified in TFP and Finding Resources

Episode 87: Psychoanalysis (Part 2): ADHD Ways to Focus Without Force [featuring Dr. Kourosh Dini] - Episode 87: Psychoanalysis (Part 2): ADHD Ways to Focus Without Force [featuring Dr. Kourosh Dini] 44 minutes - For ADHDers who feel overwhelmed by the challenges of maintaining **focus**, and managing anxiety around a flood of to-dos and ...

Focusing and Relational Psychoanalysis with Lynn Preston The Living Process with Greg Madison - Focusing and Relational Psychoanalysis with Lynn Preston The Living Process with Greg Madison 51 minutes - The Living Process episode 03 with Lynn Preston. Lynn Preston, MA, MS, LP, is a **focusing**,-oriented relational **psychoanalyst**, ...

Attachment and Compassion in Psychotherapy — Paul Gilbert and Jeremy Holmes - Attachment and Compassion in Psychotherapy — Paul Gilbert and Jeremy Holmes 1 hour, 6 minutes - In this episode, I'm joined by Professor Paul Gilbert and Professor Jeremy Holmes. Paul is the developer of Compassion **Focused**, ...

Intro

Compassion-Focused Therapy Meets Attachment Theory

Compassion, Attachment, and Reciprocity

Attachment Theory, Compassion, and Warmth

How Early Relationships Shape Our Capacity for Care

Strategies for Developing Secure Relationships in Psychotherapy

Secure Attachment in Spiritual Experience

Prof Holmes and Prof Gilbert Resources and Book

JPI In Focus: \"Psychotherapy Integration Training Around the Globe\" with Katie Aafjes-van Doorne - JPI In Focus: \"Psychotherapy Integration Training Around the Globe\" with Katie Aafjes-van Doorne 17 minutes - Link to paper:

<https://psycnet.apa.org/record/2018-41796-001> JPI In **Focus**, are exclusive talks by \"The Integrative **Therapist**,\" ...

Introduction

How did this study come about

Katies experience as a trainee

How much does it overlap

Existing trainings

Trends

Evidence

The importance of integration

Training intuitively

Training changes

Recommendations for supervisors

Recommendations for students

Fundamentals Week 5 | Boundaries and Frame, with a Special Focus on Small Communities
- Fundamentals Week 5 | Boundaries and Frame, with a Special Focus on Small
Communities 1 hour, 30 minutes - Most **therapists**, learn professional boundaries as
ethical rules designed to prevent misconduct. But boundaries serve another ...

Youtube Kernberg Psychoanalytic Psychotherapy - Youtube Kernberg Psychoanalytic
Psychotherapy 3 minutes, 9 seconds - See the full video at:
[http://www.psychotherapy.net/video/psychoanalytic-psychotherapy](http://www.psychotherapy.net/video/psychoanalytic-psychotherapy-otto-kernberg), -otto-kernberg
Preeminent **psychoanalyst**, ...

TUP Level One - Session 2: Cognitive Focus in Unified Psychotherapy - TUP Level One -
Session 2: Cognitive Focus in Unified Psychotherapy 1 hour, 26 minutes - TUP Level One:
Working Interactively with Cognition, Emotion, and Behavior Session 2: Cognitive **Focus**, in
Unified **Psychotherapy**, ...

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