

Integrative Body Mind Spirit Social Work An Empirically Based Approach To Assessment And Treatment

Integrative Body-Mind-Spirit Social Work

When it was published in 2009, Integrative Body-Mind-Spirit Social Work was the first book to strongly connect Western therapeutic techniques with Eastern philosophy and practices, while also providing a comprehensive and pragmatic agenda for social work, and mental health professionals. This breakthrough text, written by a cast of highly regarded researchers from both Asia and America, presented a holistic, therapeutic approach that ties Eastern philosophy and practical techniques to Western forms of therapy in order to help bring about positive, transformative changes in individuals and families. This second features a major reorganization of Part III: Applications and Treatment Effectiveness, renamed to "Evidence-informed Translational Practice and Evidence." Based on systematic reviews of Integrative body-mind-spirit practices, Part III provides a "resource guide" of different types of integrative practices used in diverse health and mental health conditions. A new companion website includes streaming video clips showing demonstrations of the BMS techniques described in the book and worksheets and client resources/handouts." --

Integrative Body-mind-spirit Social Work

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comprehensive and pragmatic agenda for social work and mental health professionals.

Social Work

Social Work: From Theory to Practice provides a critical introduction to core and emerging theories of social work and teaches students in Australia and Aotearoa New Zealand how to apply these theories in their practice to facilitate change. The fourth edition introduces a cultural lens through which to interrogate theory. A new chapter on Aboriginal perspectives explores a range of theories, from emancipatory frameworks and approaches to deep listening and provides insights for students on how to decolonise their practice and responsibly provide socially just outcomes for communities. New discussions on navigating the service system, feminist and anti-oppressive approaches, sustainability and the impact of COVID-19 on social workers and the communities they serve are included throughout the book. Each chapter includes reflections from social workers and case examples with accompanying questions. New end-of-chapter questions help students engage critically with the content.

The Routledge Handbook of Religion, Spirituality and Social Work

This international volume provides a comprehensive account of contemporary research, new perspectives and cutting-edge issues surrounding religion and spirituality in social work. The introduction introduces key themes and conceptual issues such as understandings of religion and spirituality as well as definitions of social work, which can vary between countries. The main body of the book is divided up into sections on regional perspectives; religious and spiritual traditions; faith-based service provision; religion and spirituality across the lifespan; and social work practice. The final chapter identifies key challenges and opportunities for developing both social work scholarship and practice in this area. Including a wide range of international perspectives from Australia, Canada, Hong Kong, India, Ireland, Israel, Malta, New Zealand, South Africa, Sweden, the UK and the USA, this Handbook succeeds in extending the dominant paradigms and comprises a mix of authors including major names, significant contributors and emerging scholars in the field, as well as leading contributors in other fields of social work who have an interest in religion and spirituality. The Routledge Handbook of Religion,

Spirituality and Social Work is an authoritative and comprehensive reference for academics and researchers as well as for organisations and practitioners committed to exploring why, and how, religion and spirituality should be integral to social work practice.

Depression

Depressive disorders can be seen as a disturbance to the balance of mind and body. Because it is a mental disorder and psychiatry is a branch of medicine, the question how mind and body interact in depression should be treated as a medical rather than metaphysical mind-body problem. The relation between mind and body as it pertains to this illness should be construed in teleological rather than causal terms. Mental states like beliefs and emotions serve an adaptive purpose by constraining the physiologic systems involved in the body's stress response, thus preserving homeostasis and protecting us from various disorders. Depression results when the mind fails its constraining role.

Experimental Research Designs in Social Work

Experimental research is of great value to social work. Well-designed studies help social workers understand which approaches are most effective, with implications for both practice with individual clients and social policy more broadly. Many social work practitioners conduct studies that randomly assign clients to specific interventions and various control groups in order to assess policy outcomes. However, social work programs often do not teach experimental methods. Critics continue to assert that true experiments are impractical, unethical, or simply too blunt a tool to evaluate the effects of social work practices and policies. This book presents a comprehensive overview of the theory and practice of experimental research in the field of social work. Bruce A. Thyer describes the logic and design of experimental methods, helping readers understand the basics and then exploring increasingly complex and sophisticated research. He illustrates key principles through examples of how social workers have evaluated real-world practice approaches. The book considers recruitment and representation of marginalized groups, the ethical issues involved in the design and conduct of experiments, and how social work

researchers can ensure that all participants in an experimental study benefit from effective care. An appendix contains a chronological listing of published studies authored by social workers who conducted experimental research. Accessible to social work undergraduate, graduate, and doctoral students alike and valuable for professionals from clinical workers to policy analysts, this book demonstrates the utility of experimental research across the entire spectrum of social work practice.

Techniques of Grief Therapy

Techniques of Grief Therapy is an indispensable guidebook to the most inventive and inspirational interventions in grief and bereavement counseling and therapy. Individually, each technique emphasizes creativity and practicality. As a whole, they capture the richness of practices in the field and the innovative approaches that clinicians in diverse settings have developed, in some cases over decades, to effectively address the needs of the bereaved. New professionals and seasoned clinicians will find dozens of ideas that are ready to implement and are packed with useful features, including: Careful discussion of the therapeutic relationship that provides a "container" for specific procedures An intuitive, thematic organization that makes it easy to find the right technique for a particular situation Detailed explanations of when to use (and when not to use) particular techniques Expert guidance on implementing each technique and tips on avoiding common pitfalls Sample worksheets and activities for use in session and as homework assignments Illustrative case studies and transcripts Recommended readings to learn more about theory, research and practice associated with each technique

Integrative Nursing

Fully updated and revised, the second edition of Integrative Nursing is a complete roadmap to integrative patient care, providing a guide to whole person/whole systems assessment and clinical interventions for individuals, families, and communities. Treatment strategies described in this version employ the full complement of evidence-informed methodologies in a tailored, person-centered approach to care. This text explores concepts,

skills, and theoretical frameworks that can be used by healthcare leaders interested in creating and implementing an integrative model of care within institutions and systems, featuring exemplar nurse-led initiatives that have transformed healthcare systems. This volume covers the foundations of the field; the most effective ways to optimize wellbeing; principles of symptom management for many common disorders like sleep, anxiety, pain, and cognitive impairment; the application of integrative nursing techniques in a variety of clinical settings and among a diverse patient population; and integrative practices around the world and how it impacts planetary health. The academic rigor of the text is balanced by practical and relevant content that can be readily implemented into practice for both established professionals as well as students enrolled in undergraduate or graduate nursing programs. Integrative medicine is defined as healing-oriented medicine that takes account of the whole person (body, mind, and spirit) as well as all aspects of lifestyle; it emphasizes the therapeutic relationship and makes use of appropriate therapies, both conventional and alternative. Series editor Andrew Weil, MD, is Professor and Director of the Arizona Center for Integrative Medicine at the University of Arizona. Dr. Weil's program was the first such academic program in the U.S., and its stated goal is \"to combine the best ideas and practices of conventional and alternative medicine into cost effective treatments without embracing alternative practices uncritically.\"

Handbook of Oncology Social Work

The development of this inaugural Handbook of Oncology Social Work: Psychosocial Care for People With Cancer provides a repository of the scope of oncology social workers' clinical practice, education, research, policy and program leadership in the psychosocial care of people with cancer and their families. It focuses on the unique synergy of social work perspectives, values, knowledge, and skills with the psychosocial needs of cancer patients, their families, and the health care systems in which they are treated. It addresses both the science and art of psychosocial care and identifies the increasing specialization of oncology social work related to its unique knowledge base, skills, role, and the progressive complexity of psychosocial challenges for patients with cancer. This Handbook equips the reader with all that we know today in oncology social work about patient and family centered care, distress screening, genetics, survivorship, care coordination, sociocultural and economic diversity, legal and ethical matters, clinical work with adults living with cancer, cancer across the lifespan, their caregivers and families, pediatrics, loss and grief, professional career development, leadership, and innovation. Our hope is

that in reading this Handbook you will identify new areas where each of you can leave your mark as innovators and change agents in our evolving field of practice.

The Church Leader's Counseling Resource Book

This all-in-one guide is designed to better equip clergy and the church leaders to meet their congregations' needs in a spiritually grounded and scientifically sound manner. Succinct, easy-to-read chapters summarize all a pastor needs to know about a given problem area, including its signs or symptoms, questions to ask, effective helping skills, and, most importantly, when to refer to a mental health professional. Synthesizing what research says about treatment approaches for mental health issues, this user-friendly reference is filled with guidelines, case scenarios, key points to remember, resources for further help, advice on integrating scripture and theology with the best available research, and tips on partnering with others to provide the best possible care for each church member. Each chapter is designed for quick lookup by problem area, empowering church leaders to understand and help meet the challenges facing the children, adults, families, and communities that they serve.

Theory & Practice in Clinical Social Work

This thoroughly updated resource is the only comprehensive anthology addressing frameworks for treatment, therapeutic modalities, and specialized clinical issues, themes, and dilemmas encountered in clinical social work practice. Editor Jerrold R. Brandell and other leading figures in the field present carefully devised methods, models, and techniques for responding to the needs of an increasingly diverse clientele. Key Features Coverage of the most commonly used theoretical frameworks and systems in social work practice Entirely new chapters devoted to clinical responses to terrorism and natural disasters, clinical case management, neurobiological theory, cross-cultural clinical practice, and research on clinical practice Completely revised chapters on psychopharmacology, dynamic approaches to brief and time-limited clinical social work, and clinical practice with gay men Content on the evidentiary base for clinical practice New, detailed clinical illustrations in many chapters offering valuable information about therapeutic process dimensions and the use of specialized methods and

clinical techniques

Decolonizing Pathways towards Integrative Healing in Social Work

Taking a new and innovative angle on social work, this book seeks to remedy the lack of holistic perspectives currently used in Western social work practice by exploring Indigenous and other culturally diverse understandings and experiences of healing. This book examines six core areas of healing through a holistic lens that is grounded in a decolonizing perspective. Situating integrative healing within social work education and theory, the book takes an interdisciplinary approach, drawing from social memory and historical trauma, contemplative traditions, storytelling, healing literatures, integrative health, and the traditional environmental knowledge of Indigenous Peoples. In exploring issues of water, creative expression, movement, contemplation, animals, and the natural world in relation to social work practice, the book will appeal to all scholars, practitioners, and community members interested in decolonization and Indigenous studies.

The Routledge Handbook of Social Work Practice Research

The Routledge Handbook of Social Work Practice Research is the first international handbook to focus on practice research for social work. Bringing together leading scholars in the field from Europe, the USA and the Asia Pacific region, it provides an up-to-the minute overview of the latest thinking in practice research whilst also providing practical advice on how to undertake practice research in the field. It is divided into five sections: State of the art Methodologies Pedagogies Applications Expanding the frontiers The range of topics discussed will enhance student development as well as increase the capacity of practitioners to conduct research; develop coordinating and leadership roles; and liaise with multiple stakeholders who will strengthen the context base for practice research. As such, this handbook will be essential reading for all social work students, practitioners and academics as well as those working in other health and social care settings.

Social Work Treatment

First published in 1974, *Social Work Treatment* remains the most popular and trusted compendium of theories available to social work students and practitioners. It explores the full range of theoretical approaches that drive social work treatment and knowledge development, from psychoanalysis to crisis intervention. This treasure trove of practice knowledge equips professionals with a broad array of theoretical approaches, each of which shine a spotlight on a different aspect of the human condition. Emphasizing the importance of a broad-based theoretical approach to practice, it helps the reader avoid the pitfalls of becoming overly identified with a narrow focus that limits their understanding of clients and their contexts. This sweeping overview of the field untangles the increasingly complex problems, ideologies, and value sets that define contemporary social work practice. The result is an essential A-to-Z reference that charts the full range of theoretical approaches available to social workers regardless of their setting or specialty.

The Routledge Handbook of Social Work Theory

The *Routledge Handbook of Social Work Theory* provides an interdisciplinary and international introduction to social work theory. It presents an analytical review of the wide array of theoretical ideas that influence social work on a global scale. It sets the agenda for future trends within social work theory. Separated into four parts, this handbook examines important themes within the discourses on social work theory, as well as offering a critical evaluation of how theoretical ideas influence social work as a profession and in practice. It includes a diverse range of interdisciplinary topics, covering the aims and nature of social work, social work values and ethics, social work practice theories and the use of theory in different fields of practice. The contributors show how and why theory is so important to social work and analyze the impact these concepts have made on social intervention. Bringing together an international team of leading academics within the social work field and newer contributors close to practice, this handbook is essential reading for all those studying social work, as well as practitioners, policymakers and those involved in the associated fields of health and social care.

New Theories for Social Work Practice

Social work theory and practice is evolving, and, this edited collection explains both what the latest developments are and how to use them in practice. Exploring the challenges currently being faced within social work, it shows new ways social workers can conceptualise and respond to these issues. It covers emerging theory relating to work with families, children and young people, refugees, older people, indigenous practice and more, while explaining different models that can be used. It explores interventions in different contexts including community development, mental health settings, partnerships with disabled people, work with Pacific communities, cross-cultural practice and the elements of evidence-informed and ethical practice.

Mental Health and Social Work

This book showcases current thinking on social work in the field of mental health and illness from a bio-ecological and spiritual framework reflecting the transition in mental health care from institution to community. The book presents a valuable tool for understanding theories on aetiology and social work interventions in mental health from varying socio-cultural, economic and political contexts. Topics covered include: the values and ethics of social work practice in mental health; psycho-social theories on mental health and illness, including psychological perspective and the structural/ social development perspective; social work approaches in working with individuals, families and communities; contextualized social work practice in mental health with a specific population group or community; structural factors such as legal provision and financial challenges in mental health and illness; and new directions in social work and mental health.

Oxford Textbook of Spirituality in Healthcare

Includes Internet access card bound inside front matter.

Holistic Engagement

With stories from the classroom, this book invites and challenges social work, human services and counseling educators to seek meaning in their methods and content in the processes of teaching. Empirically grounded, the authors propose a new model for advancing pedagogy to draw from many ways of knowing and wisdom across traditions. Through rich analysis of globalization, higher education, and the social work profession, as well as first person accounts, they co-create a story of holistic pedagogies that are being employed across the globe.

Cyclical Psychodynamics and the Contextual Self

Cyclical Psychodynamics and the Contextual Self articulates in new ways the essential features and most recent extensions of Paul Wachtel's powerfully integrative theory of cyclical psychodynamics. Wachtel is widely regarded as the leading advocate for integrative thinking in personality theory and the theory and practice of psychotherapy. He is a contributor to cutting edge thought in the realm of relational psychoanalysis and to highlighting the ways in which the relational point of view provides especially fertile ground for integrating psychoanalytic insights with the ideas and methods of other theoretical and therapeutic orientations. In this book, Wachtel extends his integration of psychoanalytic, cognitive-behavioral, systemic, and experiential viewpoints to examine closely the nature of the inner world of subjectivity, its relation to the transactional world of daily life experiences, and the impact on both the larger social and cultural forces that both shape and are shaped by individual experience. Here, he discusses in a uniquely comprehensive fashion the subtleties of the clinical interaction, the findings of systematic research, and the role of social, economic, and historical forces in our lives. The chapters in this book help to transcend the tunnel vision that can lead therapists of different orientations to ignore the important discoveries and innovations from competing approaches. Explicating the pervasive role of vicious circles and self-fulfilling prophecies in our lives, Cyclical Psychodynamics and the Contextual Self shows how deeply intertwined the subjective, the intersubjective, and the cultural realms are, and points to new pathways to therapeutic and social change. Both a theoretical tour de force and an immensely practical guide to clinical practice, this book will be essential reading for psychoanalysts, psychotherapists and students of human behavior of all backgrounds and theoretical orientations.

A Spiritual Strategy for Counseling and Psychotherapy

The authors argue that when psychotherapists diagnose and assess their clients, they should routinely assess the religious and spiritual values of their clients to obtain a fuller and more accurate diagnostic picture. This book is the first to provide guidance for integrating a theistic spiritual strategy into mainstream approaches to psychotherapy in order to reach a large, underserved population of clients with religious and spiritual beliefs.

Social Work, Sociometry, and Psychodrama

This open access book outlines the intersections between social work and the methods of sociometry and psychodrama. Different sections offer essential practice wisdom for both trauma-focused and trauma-informed experiential work for individuals, groups, organizations, and communities. This text enriches the understanding of various action-based approaches and highlights how to enliven social work practice. The chapters include clinical vignettes and examples of structured sociometric prompts with diverse populations, topics, and social work settings to enhance the understanding of group practice, individual practice, and community practice. It provides social workers and other professionals with dynamic tools to improve assessment, intervention, activism, and leadership. Strength-based practical tools are offered to readers, along with guidance for theoretical conceptualizations. This integrative book is an essential read for students, practitioners, leaders, and scholars within the fields of social work, psychodrama, the creative art therapies, group therapy, community organizing, and social activism.

Personal Recovery and Mental Illness

Focuses on a shift away from traditional clinical preoccupations towards new priorities of supporting the patient.

The British National Bibliography

This book provides a comprehensive view of the administration of academic affairs and related areas in higher education as they pertain to a threefold institutional mission of teaching, research, and service. It is a must-read for new academic administrators. It fills in a gap in required readings for higher education related majors and advanced degree programs. For the seasoned academic administrator in a senior rank, the book offers a systematic review of the big picture with sufficient depth and provoking analysis of challenging issues to help make progress toward reflective practice, research undertaking, and theoretical breakthrough. The goal of the book is to be a most effective and efficient educational tool, not just to help shorten the learning curve of the new and aspiring academic administrators but also to help renew critical thinking and creative leadership in existing academic administration.

Academic Administration

Spirituality, Religion, and Aging: Illuminations for Therapeutic Practice by Holly Nelson-Becker is a highly integrative book written for students, professionals in aging, ministers, and older adults themselves. Readers will gain the knowledge and skills they need to assess, engage, and address the spiritual and religious needs of older persons. Taking a fresh approach that breaks new ground in the field, the author discusses eight major world religions and covers values and ethics, theories, interventions, health and caregiving, depression and anxiety, dementia, and the end of life. Meditations and exercises throughout the book allow readers to expand and explore their personal understanding of spirituality. Referencing the latest research, the book includes assessments and skill-based tools designed to help practitioners enhance the mental health of older people.

Spirituality, Religion, and Aging

A thorough exploration of diversity and social justice within the field of social work *Multicultural Social Work Practice: A Competency-Based Approach to Diversity and Social Justice*, 2nd Edition has been aligned with the

Council on Social Work Education's 2015 Educational Policy and Standards and incorporates the National Association of Social Workers Standards of Cultural Competence. New chapters focus on theoretical perspectives of critical race theory, microaggressions and changing societal attitudes, and evidence-based practice on research-supported approaches for understanding the influence of cultural differences on the social work practice. The second edition includes an expanded discussion of religion and spirituality and addresses emerging issues affecting diverse populations, such as women in the military. Additionally, Implications for Multicultural Social Work Practice' at the end of each chapter assist you in applying the information you have learned. Multicultural Social Work Practice, 2nd Edition provides access to important guidance regarding culturally sensitive social work practice, including the sociopolitical and social justice aspects of effective work in this field. This thoroughly revised edition incorporates new content and pedagogical features, including: Theoretical frameworks for multicultural social work practice Microaggressions in social work practice Evidence-based multicultural social work practice New chapter overviews, learning objectives, and reflection questions Multicultural Social Work Practice, 2nd Edition is an integral guide for students and aspiring social workers who want to engage in diversity and difference.

Universal Life Energy

This book is designed to provide a foundation of knowledge regarding the epidemiology, pathogenesis, and clinical presentation of atopic dermatitis in both pediatric and adult patients. It provides an overview of the mechanism and presentation of atopic dermatitis and focuses on the management methods experienced dermatologists have used to successfully manage atopic dermatitis. This book provides physicians with insights into the management of atopic dermatitis, such as alternative treatments for pruritus, psychosocial impact on patients and families, assessing patient compliance, and patient resources. This book also: Provides proven strategies for treating atopic dermatitis Helps providers create a treatment plan for their atopic patients Aids physicians in developing techniques for assessing patient compliance Thoroughly addresses the significant economic and psychosocial impact of atopic dermatitis

Multicultural Social Work Practice

As *Spirituality in Social Work: New Directions* shows you, there has been an increase of interest among social workers concerning spiritual matters. In response to this collective interest, Edward Canda and several other members of the Society for Spirituality and Social Work have compiled a thorough and timely compendium of social work research, theory, and practice. Their book will guide you in your efforts to meet the needs of your families and clients while still remaining educated and respectful of the many religious and nonreligious views different people have. In *Spirituality in Social Work*, you'll get an update on the current state of spirituality, social work scholarship, and education. From there, you'll move on to current appraisals of the many specialized ways social work educators are teaching spirituality in MSW programs, and you'll ultimately come full circle to a fuller understanding of the many ways social work and spirituality complement and inform each other in the classroom as well as in the field of practice. Most importantly, you'll get specific guidance on these topics: how to enhance the intuition of social workers when to apply the Transcendental model to a dying adolescent where to engage in conceptions of spirituality in social work literature what Taoist insights can do to enhance social work practice how social work can prosper in future efforts to link spirituality and social work In many ways, *Spirituality in Social Work* is a spiritual awakening in its own right--for social workers, for individuals, and for communities at large. The demand for social work practitioners, educators, and community officials to be cross-trained in spirituality and social work is on the rise. So, if you're struggling to find new ways to deal with the ever-increasing and ever-diversifying demand for spiritual training in your particular social work setting, pick up this insightful edition and find new hope and direction in the many different ways that social work and spirituality can work together for you.

Management of Atopic Dermatitis

In the context of multiple forms of global economic, social, and cultural oppression, along with intergenerational trauma, burnout, and public services retrenchment, this book offers a framework and set of inquiries and practices for social workers, activists, community organizers, counselors, and other helping professionals. Healing justice, a term that has emerged in social movements in the last decade, is taught as a practice of connecting to the whole self, what many are conditioned to ignore -- the body, mind-heart, spirit, community, and natural world. Drawing from the East-West modalities of mindfulness, yoga, and Ayurveda, the author introduces six capabilities

-- mindfulness and compassion; critical thinking and curiosity; and effort and equanimity -- which can guide practitioners on a transformative and empowering journey that can ultimately make them and their colleagues more effective in their work. Using case studies, critical analysis, and skill sharing, self-care is presented as an act of resistance to disconnection, marginalization, and internalized oppression. Healing justice is a trauma-informed practice that empowers social practitioners to cultivate the conditions that might allow them to feel more connected to themselves, their clients, colleagues, and communities. The book also engages critically with self-care practices, including investigation into the science of mindfulness, cultural appropriation, and the commodification of self-care. The message is clear that mindfulness-based practices are not a panacea for personal, inter-personal, or political problems. But, they can put practitioners in a more authentic and powerful place to work from, which is particularly important in a world where there is more connection to technology, ideologies, and people who share one's beliefs, and less connection to the natural world, people who are different, and the parts of oneself that one tends to reject. The book also offers suggestions for how to share self-care practices with community members who have less access to wellness.

Spirituality in Social Work

This book integrates neuroscience with relationship science and unites disparate psychotherapeutic approaches into a model that is concise and straightforward, yet sufficiently comprehensive to provide a framework for practice. (Psychiatric)

Healing Justice

Recent years have seen a surprising shift concerning the concept of self-esteem, with some researchers attacking the notion of self-esteem as being of little value or too difficult to study. Educators emphasized self-esteem's importance in schools to the extent that sometimes it became more important than academic performance. And a parade of overly-simple and ineffective self-help books promote the importance of self-esteem but seldom deliver real change. Coming to the defense of self-esteem as a valuable and measurable component of good mental

health, *Feeling Good by Doing Good* offers a new evidence-based approach to defining, understanding, and increasing what is known as "authentic self-esteem." Translating decades of research in the fields of self-esteem, humanistic psychology, positive psychology, and psychotherapy into everyday terms, Christopher Mruk traces the definition of self-esteem back to when it was first used to describe the value of "doing that which is both just and right." Seen this way, self-esteem is not just feeling good about oneself - rather, it comes from facing life's challenges in ways that demonstrate one's competence and worth as a person. This approach to self-esteem offers several new and powerful advantages, namely understanding different types of self-esteem, clarifying the connection between self-esteem and self-control, appreciating how self-esteem operates in various domains of life such as work or relationships, realizing that self-esteem acts as an internal compass to help steer us in healthier directions, and recognizing the connection between authentic self-esteem and basic human values. Featuring clinical and everyday vignettes, practical exercises aimed at enhancing personal as well as interpersonal well-being, and thought-provoking self-assessments for the reader, *Feeling Good by Doing Good* is a unique resource that will be of interest to mental health professionals, their clients, and laypersons alike interested in substance over platitudes and feel-good solutions.

Trends in the Use of Complementary Health Approaches Among Adults

Compiled to help social workers in Hong Kong better understand some of the health matters which come into play in many intervention cases, 21 contributions describe a variety of interventions for different target groups at individual, group, community, and policy levels. The chapters discuss a variety of topics including: Chinese concepts of health care; crisis intervention and stress management for cancer patients, suicidal patients, or unwed mothers; coping enhancement for those with epileptic children, psychotropic substance abusers, or handicapped children; skills training for schizophrenics, institutionalized elderly people, or patients with traumatic brain injury; empowerment for diabetics and others; and finally, resource mobilization and system change related to the issues of schizophrenia, cerebro-vascular accident patients, and silicosis victims. Distributed by ISBS. Annotation copyrighted by Book News, Inc., Portland, OR

Psychotherapy for the Advanced Practice Psychiatric Nurse, Second Edition

"_This widely used book is packed with indispensable tools for treating the most common clinical problems encountered in outpatient mental health practice. Chapters provide basic information on depression and the six major anxiety disorders; step-by-step instructions for evidence-based assessment and intervention; illustrative case examples; and practical guidance for writing reports and dealing with third-party payers. In a convenient large-size format, the book features 125 reproducible client handouts, homework sheets, and therapist forms for assessment and record keeping. The included CD-ROM enables clinicians to rapidly generate individualized treatment plans, print extra copies of the forms, and find information on frequently prescribed medications. _New to This Edition*The latest research on each disorder and its treatment.*Innovative techniques that draw on cognitive, behavioral, mindfulness, and acceptance-based approaches.*Two chapters offering expanded descriptions of basic behavioral and cognitive techniques.*47 of the 125 reproducibles are entirely new. __"--
Provided by publisher.

Feeling Good by Doing Good

Movement Medicine is the kind of instruction manual you'll actually want to read. It is laced with personal stories from the authors' lives that are funny, inspiring and moving, as well as 38 recipes that will change the way you see and feel about yourself and your place in this world. Anybody in a body can take part. So that means you. Take a deep breath. Your drum is calling you. Its rhythm is in your blood. We are being challenged as a species to raise our game. The 9 Gateways are a map and a guide for the critical times we live in. In them, you will see the ancient and the modern, the psychotherapeutic and the shamanic, the devotional and the traditional, the scientific and the mystical, all woven together into material that is strong enough to support you to 'Live Your Dream.'

Social Work Intervention in Health Care

This is the new and fully revised third edition of the well-received text that is the benchmark book in the field of nutrition and aging. The editors (specialists in geriatric nutrition, medical sociology, and clinical nutrition, respectively) and contributors (a panel of recognized academic nutritionists, geriatricians, clinicians, and other scientists) have added a number of new chapters and have thoroughly updated the widely acclaimed second edition. This third edition provides fresh perspectives and the latest scientific and clinical developments on the interaction of nutrition with age-associated disease and provides practical, evidence-based options to enhance this at-risk population's potential for optimal health and disease prevention. Chapters on a wide range of topics, such as the role of nutrition in physical and cognitive function, and coverage of an array of clinical conditions (obesity, diabetes, heart failure, cancer, kidney disease, osteoporosis), compliment chapters on food insecurity, anti-aging and nutritional supplements, making this third edition uniquely different from previous editions. Handbook of Clinical Nutrition and Aging, Third Edition, is a practical and comprehensive resource and an invaluable guide to nutritionists, physicians, nurses, social workers and others who provide health care for the ever-increasing aging population.

Treatment Plans and Interventions for Depression and Anxiety Disorders

An introduction to the increasingly popular topic of children's spirituality, showing how choices made in churches and homes can stimulate or stifle a child's spiritual development. Suitable for anyone who works with children.

Choice

Movement Medicine

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